



# [Type here] BLACK HORSE OFF ROAD

## 2020 Ford Explorer Exceed Running Boards Installation Instructions

Part# EX-F576

### Summary

These boards are a bolt-on no- drill installation . You must first install the 3 mounting brackets to the body and frame on each side, then mount the boards to the brackets.

The 3 brackets are designed to mount through the center holes in each of the mounting points on the pinch-weld ,and the square holes in the frame rails using a special 'J' nut .

### Mounting Bracket Installation

First to double check, align the brackets with the pinch weld to identify the location of the square holes in the frame rails

Then insert the 8mm threaded J-clips into the square holes ,as once the bracket is installed on the pinch -weld this would be difficult to do .



Next with the J clip in place pry back the plastic cladding, insert the 8mm bolts through the holes in the pinch weld, secure with 8mm nuts and flat washers - hand tighten only.

Then locate the mounting bracket so that it aligns with the threaded hole in the J-Clip, secure using the 8mm bolts and the locking washers and then tighten all the nuts, and bolts , starting with those through the pinch welds.

### Step Installation

Slide 3 of the 8mm bolt heads through each of the two aluminum channels under each step. (2 channels on each step x 3 bolts in each channel x 2 steps =12 bolts in total)

Offer the steps up to the mounting brackets and slide the installed bolts along the channels until they align with the 2 exposed holes in the 3 mounting brackets.

Each of these bolts go through the holes in the mounting brackets, then install the 6 flat washers and 8mm nuts ,hand tighten only.

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Fine tune the location of the step by sliding it forwards or backwards on the vehicle, once you are happy with its position tighten it down.

## Mounting Hardware

- 24 x 8mm Hex Bolts
- 24 x 8mmX 2mm flat washers
- 12 x 8mm lock washers
- 12 x 8mm nuts
- 12 x 8mm u clips (clip-on nuts)(j-Nut)
- 3 x mounting brackets (driver's side)
- 3 x mounting brackets (passenger side)

