

Bumper Replacement

Installation Instructions

58139 / 58139 RAP

Ford F-150 (Non-ECO Boost) '10 - '14



Diagram 1

Parts List:

1 - Winch Replacement Grille Guard	10 - 1/2" x 1 1/2" HH Bolts
1 - Driver Main Bracket #58139-5	10 - 1/2" Nylon Lock Nuts
1 - Passenger Main Bracket #58139-7	20 - 1/2" Flat Washers
2 - Lower Brackets #58139-9	

1. Remove the contents from the box and check for missing pieces or damage. If parts are missing or damaged, contact the original place of purchase. Read the instructions completely before beginning. Two people are strongly recommended for this install.

2. **Remove the bumper:** Using **Diagram 2** and **Diagram 3**, remove the (4) factory nuts from the bumper. Do this on both driver and passenger side. Remove the 2 center bolts holding the top valence to the factory bumper. See **Diagram 4**. Remove the center 2 threaded plates to use on the winch bumper replacement. Loosen the mud guard below the bumper and remove the bumper. Set aside the bumper the bumper will not be reused.

View of Factory Nut To Remove

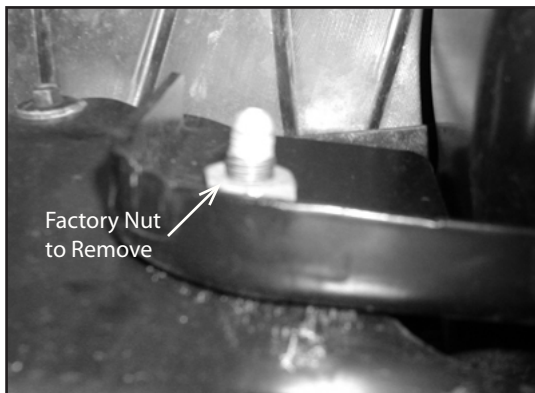


Diagram 2

View of Factory Nut To Remove



Diagram 3

View of Factory Bumper off of Vehicle

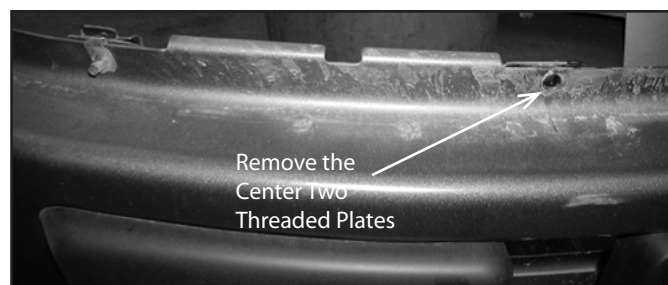


Diagram 4

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3. Place main driver bracket #58139-5 inside the bumper, on each side, and hand tighten. see **Diagram 5** Line up the holes in the frame with the holes in the bracket as shown in **Diagram 6**. Place (1) 1/2" x 1 1/2" HH bolts with (2) 1/2" flat washer and (1) 1/2" nylon lock nut per bolt into the 2 holes on the bracket through the frame.
4. Place outer bracket #58139-7 onto the outer mount of the frame and bumper. Place (1) 1 1/2" bolts, (2) 1/2" flat washers and (1) 1/2" nylon lock nut in each mounting hole. see **Diagram 7** Align bumper and tighten all bolts ensuring a good fit.
5. Place the 2 #58139-9 brackets in the holes on top of bumper using (1) 1 1/2" bolt, (2) 1/2" flat washers and (1) nylon lock nut attachto bumper. Using the factory bolts, attach other hole in bracket # 58139-9 to the valance panel. see **Diagram 8**.

View of Driver Main Bracket #58139-5



Diagram 5

View of Driver Main Bracket #58139-5

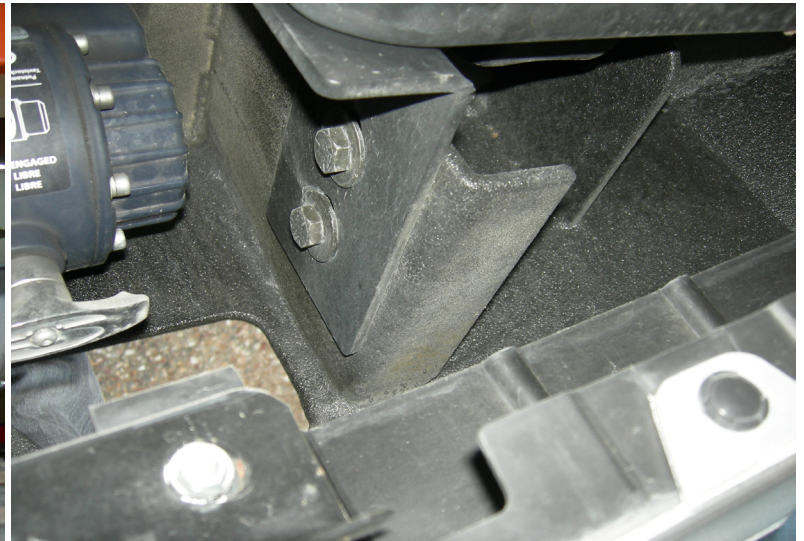


Diagram 6

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Bracket # 58139-7



Diagram 7

Bracket # 58139-9



Diagram 8